

GUIDE TO FACILITATING A VIOLENCE- ABATEMENT WORKSHOP USING THE VIOLENCE PYRAMID

Prior to workshop: • Set up triangle on floor; • Do nametags; • Get overhead projector set up with pyramid

1. Introductions

- *names*
- *ages*
- *school year*
- *interests*
- *why you've chosen this workshop*

2. Brainstorming Words of Violence

- *take words from people in audience with mike*

3. Look at the Words

- *place cards in appropriate place on violence triangle on the board and explain how the triangle works*

4. Talk about violence as tip of iceberg

- *Use overhead to mark places where words go*

5. Demonstrate Violence Triangle

- *ask for volunteers*
- *move from the bottom to the top on the floor*
- *what do they want to do at the top? fight (push away) or flight (leave)*
- *go back to their words and make the connection*
- *go through earthquake (or other) analogy*
- *iceberg: addicted to direct violence*

6. Deconstruct Violence from the Lion King

- *deconstruct stampede scene from Lion King*
- *explain how important it is to analyze violence*

7. Deconstruct Violence from an Example of Violence in Their Own Community

- *ask for specific examples*
- *pick one*
- *take it through all 3 levels*

8. Brainstorm What They Can Do About Violence

- *brainstorm what they can do about violence in their community or school*
- *ask them what they need in order to do those things*
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(make sure this part is written down so we can give it to their community leaders)